

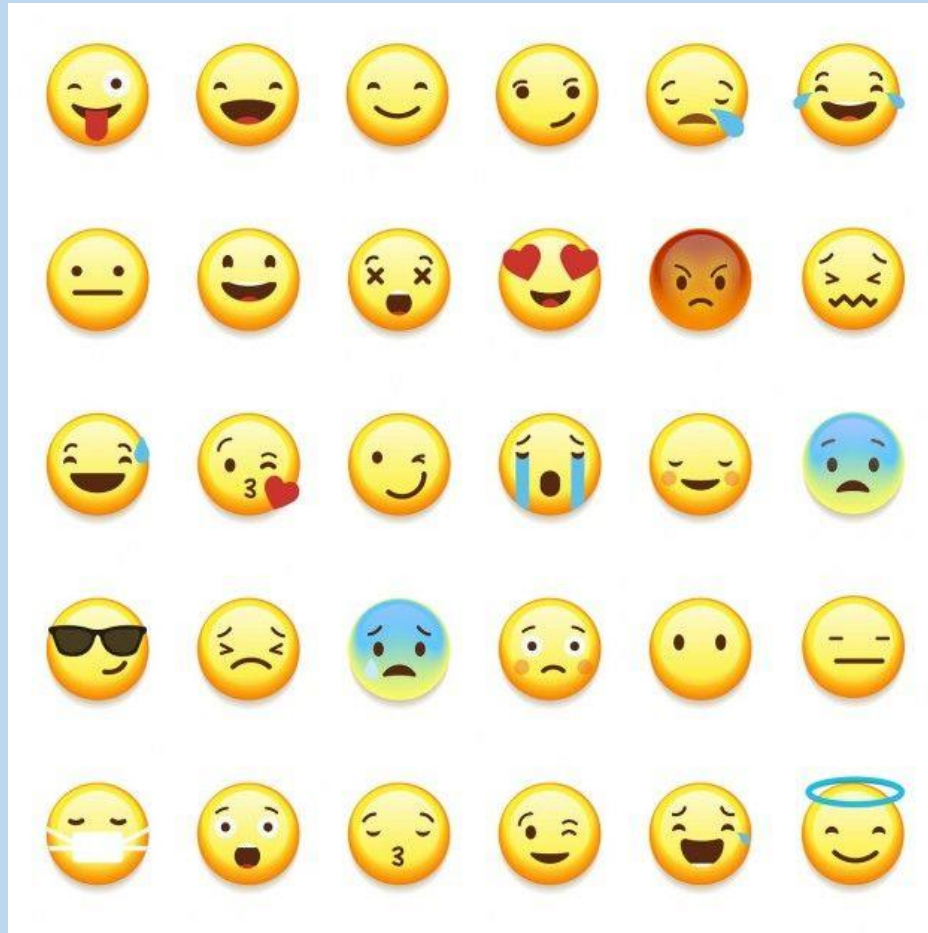
Rules

- To be kind and supportive of each other
- To laugh with, but not at each other
 - To listen by looking at each other and not interrupting
 - To respect other peoples views and feelings
 - It's ok to say pass or not join in
 - It isn't a secret but what we discuss should stay in class

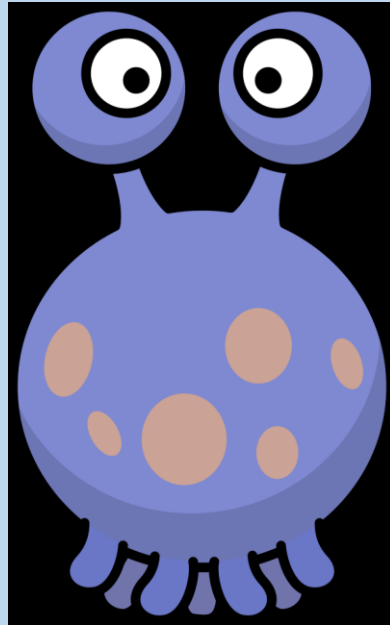


This half term we will be learning all about
different types of feelings..

Have you ever seen these faces before?
What are they used for?
What do they mean?



To help us explore feelings and emotions we
are going to be using Maz the alien





Maz is coming to visit Earth to learn more about people, and today Maz wants to learn all about **feelings**.

Can you tell Maz anything you know about feelings.

Maz wants to know the names of the feelings that we might have every day.



Stop and sit still. Think about today and all the things that have happened this morning at home or at school.

Without telling anyone else...How are you feeling right now?

Can you show Maz a happy face?



What does an angry face look like?

How do we look when we are excited?

Can you show Maz a happy body?

How does our body look when we are excited?

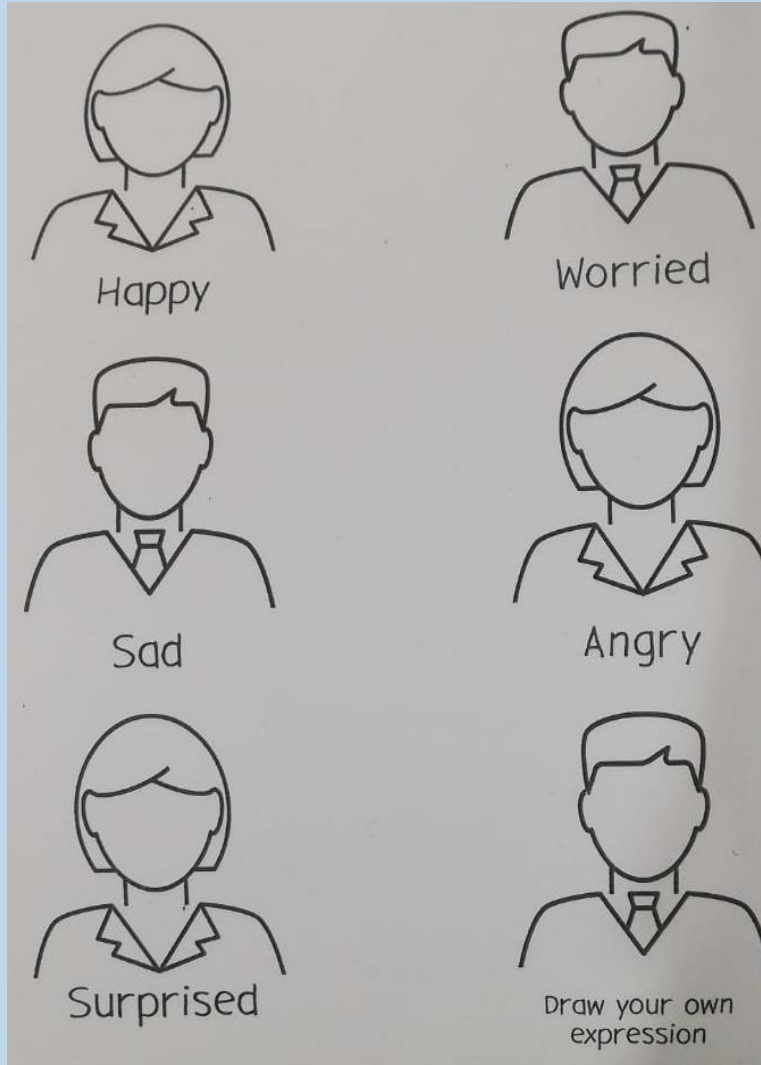
What does an angry body look like?

How do these people feel?
How do you know?



Today's task:

Read the emotion and draw the facial expression



Remember.....We all have different feelings – some we might feel every day, and others just sometimes.

Our feelings can come and go, and can change over time.

It's ok to feel different emotions.

