



# Holy Trinity Church of England Primary School



## Physical Education Long Term Plans - 2016/2017

	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>Reception</b>	Games (First Steps) Coverage of EYFS Curriculum in classroom (Physical Development)	Gymnastics (First Steps) Coverage of EYFS Curriculum in classroom (Physical Development)	Dance (First Steps) Coverage of EYFS Curriculum in classroom (Physical Development)	Gymnastics/ Dance (FS) Coverage of EYFS Curriculum in classroom (Physical Development)	Outdoor (First Steps) Coverage of EYFS Curriculum in classroom (Physical Development)	Games (First Steps) Coverage of EYFS Curriculum in classroom (Physical Development)
<b>Year 1</b>	Games Unit 1 (Val Sabin) (First Steps) <b>Real PE</b> - Floor patterns Unit 1 (Teacher)	Gymnastics - Unit 1 (First Steps) <b>Real PE</b> - One leg balances Unit 1 (Teacher)	Dance - topic based (First Steps) <b>Real PE</b> - Dynamic Balance Unit 2 (Teacher)	Dance - topic based (First Steps) <b>Sport - Rugby (Rhinos)</b>	Outdoor Games - Unit 2 (First Steps) <b>Sport - Multi-skills/ Boccia (Miss O'Brien)</b>	Games Unit 2 (First Steps) <b>Real PE</b> - Unit 4 Creative Skills (Teacher)
<b>Year 2</b>	Sport - Football <b>Real PE</b> - Unit 1 Personal Skills	Sport - Ball games, throwing and catching <b>Real PE</b> - Unit 2 Social Skills	Sport - Dance/ Gym <b>Real PE</b> - Unit 3 Cognitive Skills	<b>Sport - Sportshall Athletics (Miss O'Brien)</b> <b>Real PE</b> - Unit 4 Creative skills	Sport - Skipping/ Racket skills <b>Real PE</b> - Unit 5 Applying physical skills	<b>Sport - Rugby (Rhinos)</b> <b>Real PE</b> - Unit 6 Health and Fitness
<b>Year 3</b>	<b>Sport - Swimming (3C) (Miss O'Brien)</b> <b>Real PE</b> - Movements	Sport - Swimming (3C) <b>Rugby (Rhinos)</b> <b>Real PE</b> - Movements (3W)	Sport - Swimming (3C) Gymnastics <b>Real PE</b> - Unit 3 Cognitive Skills (3W)	Sport - Swimming (3W) Dance <b>Real PE</b> - Unit 3 Cognitive Skills (3C)	Sport - Swimming (3W) <b>Real PE</b> - Unit 3 Cognitive Skills (3C) Unit 4 Creative Skills	Sport - Swimming (3W) <b>Real PE</b> - Unit 4 Creative Skills
<b>Year 4</b>	Sport - Basketball <b>Real PE</b> - Personal Skills	<b>Sport - Basketball/ Benchball (Miss O'Brien)</b> <b>Real PE</b> - Social Skills	Sport - Dance <b>Real PE</b> - Cognitive Skills	<b>Sport - Rugby (Rhinos)</b> <b>Real PE</b> - Creative Skills	Sport - Athletics <b>Real PE</b> - Physical Skills	Sport - Rugby/ Cricket <b>Real PE</b> - Health & Fitness
<b>Year 5</b>	Sport - Invasion Games <b>Real PE</b> - Mixture of units	<b>Sport - Rugby (Rhinos)</b> <b>Real PE</b> - Mixture of units	Sport - Dance <b>Real PE</b> - Mixture of units <b>OAA</b> - Robin Wood	Sport - Basketball <b>Real PE</b> - Mixture of units	Sport - Athletics <b>Real PE</b> - Mixture of units	<b>Sport - Mini Tennis (Miss O'Brien)</b> <b>Real PE</b> - Mixture of units
<b>Year 6</b>	Sport - Football <b>Real PE</b> - Unit 5 (teacher)	Sport - Hockey (Mr E) <b>Real PE</b> - Unit 1 (teacher)	<b>Sport - Gymnastics (Miss O'Brien)</b> <b>Real PE</b> - Unit 4 (Mr E)	Sport - Dance <b>Real PE</b> - Unit 2 (Mr E)	Sport - Dodgeball/ rounders/ athletics (teacher/ Mr E) <b>Real PE</b> - Unit 3	<b>Sport - Rugby (Rhinos)</b> <b>Real PE</b> - Unit 6 (Mr E) <b>OAA</b> - Peat Rigg